

# ST. ANTHONY INTERPAROCHIAL SCHOOL

# PHYSICAL EDUCATION AND HEALTH

## CLASSROOM REQUIREMENTS

- STUDENTS ARE EXPECTED TO WEAR THE FULL P.E. UNIFORM, INCLUDING SOCKS THAT COVER THE ANKLE AND ATHLETIC SHOES (NOT THE LOOSE SKATEBOARDING STYLE SHOE)
- A STUDENT OUT OF UNIFORM IS GIVEN AN ALTERNATE ACTIVITY FROM THE REST OF THE CLASS DURING THE P.E. PERIOD
- STUDENTS WILL PARTICIPATE IN A REGULAR SCHEDULE OF P.E. CLASSES
- A PARENTAL NOTE IS REQUIRED IF A STUDENT IS TO BE EXCUSED FROM P.E. THREE DAYS EXCUSED IN A FIVE DAY PERIOD REQUIRES A DOCTOR'S NOTE
- FRIDAYS ARE NORMALLY RESERVED FOR STUDENTS' CHOICE OF ACTIVITIES.
  - STUDENTS WHO MISS P.E. THAT WEEK FOR ANY REASON WILL BE REQUIRED TO DO AS MUCH AS 15 MINUTES WORTH OF MAKE-UP P.E. INSTRUCTION, INSTEAD OF STUDENTS' CHOICE.
  - STUDENTS WHO NEED MORE INDIVIDUALIZED ATTENTION IN REACHING THE STATE & DIOCESE SET GRADE-LEVEL BENCHMARKS MAY BE EXPECTED TO PARTICIPATE IN THESE SESSIONS.
- FOR GRADES 2 - 8, ONE DAY A WEEK IS DESIGNATED FOR HEALTH CLASS -WHICH INCLUDES A CURRICULUM OF PHYSICAL WELL-BEING, NUTRITION, HYGIENE AND DRUG AWARENESS. A QUARTERLY HEALTH PROJECT OR TEST WILL ALSO BE ASSIGNED IN THIS CLASS.

## GRADING SCALE

- E (100% - 94%) S+ (93% - 90%) S (89% - 80%) S- (79% - 75%) N (74% - 70%) U (69% - 1%)

## P.E. AND HEALTH GRADES ARE BASED ON THE FOLLOWING

- PARTICIPATION, EFFORT, COOPERATION AND SPORTSMANSHIP OR P.E.C.S. (GRADES ARE NOT BASED ON A STUDENT'S ATHLETIC ABILITY)
- STUDENT BEING REGULARLY DRESSED OUT IN THE FULL P.E. UNIFORM
  - AFTER THREE TIMES NOT BEING "DRESSED OUT" IN ONE QUARTER, PARENTS WILL BE NOTIFIED. A FOURTH OCCURRENCE WILL AFFECT THE STUDENT'S GRADE ADVERSELY.
- NOTES WHEN REQUIRED, HANDED IN AT THE DESIGNATED TIMES
- GRADE BASIS FOR HEALTH CLASS ONLY  
TEST AND PROJECT SCORES 70%, WORKSHEETS 20%, CLASS PARTICIPATION 10%

## BEHAVIOR MANAGEMENT SYSTEM

- STUDENTS MUST RESPECT THE RULES OF THE ACTIVITIES, PARTICIPATE AND DISPLAY GOOD SPORTSMANSHIP
- STUDENTS ARE EXPECTED TO SHOW ONE ANOTHER MUTUAL RESPECT, HONESTY, FAIRNESS AND TEAM COMMITMENT
- IF THE STUDENT MEETS EXPECTATIONS DURING THE WEEK, FRIDAY IS RESERVED FOR "FREE TIME", I.E. STUDENT'S CHOICE OF SPORT
- IF THE AFORE MENTIONED EXPECTATIONS ARE NOT MET, COACH MAY REQUIRE THE STUDENT "SIT OUT" OF P.E. OR LUNCH RECESS
- IF THE SUB-PAR BEHAVIOR CONTINUES, DISCIPLINARY NOTICES REQUIRING A PARENT'S SIGNATURE WILL BE SENT HOME WITH THE STUDENT

## THE ATHLETE'S PRAYER

- BE IT COURT OR FIELD ON WHICH WE PLAY  
MAY GOD PROTECT US ALL THIS DAY  
FROM INJURY, HURT OR PAIN.  
AND TRUE SPORTSMANSHIP MAY WE GAIN.  
GRANT US STRENGTH OF BODY, SOUL AND MIND  
AT GAMES AND SPORTS OF EVERY KIND. AMEN.